### **Parenting With Love & Logic**

### We hope you will join us!



The Newcastle Elementary PTSA proudly presents a *Parenting With Love & Logic Series*. At these free events, parents will have the opportunity to learn practical and effective strategies that can be put into action as soon as you get home!

#### BE THE BEST PARENT YOU CAN BE!

Love and Logic is an approach to raising kids that provides loving support from parents while at the same time expecting kids to be respectful and responsible. Build and refine the skills necessary to parent children of all ages. These sessions will provide you the opportunity to learn with other parents and problem solve with a trained professional in a fun and welcoming environment. Join for just one session, or if your schedule allows, please join us for both of these PTSA sponsored events!

# On Tuesday, March 4<sup>th</sup> from 10:00 am to 11:30 am at the Coal Creek YMCA learn how to:

- Take some of the stress out of parenting and add more fun back into your family.
- Stay cool, calm and collected in front of your kids.
- Give some control away to get a lot in return.

## On Thursday, March 6<sup>th</sup> from 6:30 pm to 8:00 pm at Newcastle Elementary learn how to:

- Avoid power struggles.
- Discipline without lectures, threats and warnings.
- Discover effective strategies for helping kids be respectful, responsible and fun to be around!

#### WELCOME TORI BERNTSEN

Tori lives in Issaquah with her husband, Brian, and their two children, Spencer and Chloe. A veteran teacher and recipient of the Golden Acorn Award, Tori's teaching experience includes ten years teaching both middle school and college.

As a certified Love and Logic Facilitator, Tori has incorporated the Love and Logic principles into her own life and career. Since 1999, Tori has been teaching parents, teachers and administrators how to apply the simple, yet powerful, Love and Logic principles in their families and their classrooms.

March 4th

10:00 am to 11:30 am
Coal Creek YMCA
13750 Newcastle Golf
Club Rd.

&

March 6<sup>th</sup>

6:30 pm to 8:00 pm

Newcastle Elementary



Please contact Danielle Dixon (danielle\_dixon@comcast.net) or Stina Fluegge (stinafluegge@gmail.com) with any questions. Thank you!